

MIND ON MINDEN
2020

CANADIAN ADVENTURE CAMP

SUGGESTED ITINERARY

DAY **01**

- 9:30 AM ARRIVE TO BARK LAKE
Welcome, meet your guides!
- 10:00 AM SURVIVAL SKILLS
Ecology & Fire-Building!
- 12:00 PM LUNCH
Enjoy your first meal, overlooking
the lake
- 1:00 PM GO CLIMBING!
Climb 30ft into the air!
- 3:00 PM PADDLE BARK LAKE
Learn some paddling techniques
and explore!
- 5:00 PM DEPARTURE
Good-bye!



**FOR MORE
INFORMATION:**

Contact Bark Lake at:
1-888-517-9999
inquiries@barklake.com
www.barklake.com



BARK LAKE
LEADERSHIP AND CONFERENCE CENTRE

COST: \$95 +HST MINIMUM OF 10 PEOPLE